

# Susquehanna County - Food Pantries

Outreach and Assistance Call Ingrid at 570-550-1594



## Commission On Economic Opportunity – Nutrition Education & SNAP Outreach

The nutrition education team misses seeing you in person. We now offer online nutrition education lessons. We share recipes, inspiring tips and motivational messages on eating healthy on a budget.

**Please, come join our Face Book Group - @CEO Nutrition Education**

SNAP or Food Stamps, is our first defense against hunger. For eligible households, it provides a cash benefit to be used to purchase food at grocery and other food stores. Eligibility guidelines have changed. You may now be eligible for SNAP. Call for more information or assistance with completing an application.

**SNAP or Food Stamps Outreach 570-550-1594 (call/text)**

## Weinberg North East Regional Food Bank Mobile Pantries Program:

A one day food give away sponsored by our Local Partner Organization. Mobile Pantries distributions are held as indicated but at least 1x month. Eligibility – Must be Susquehanna County Resident, please bring ID showing current Susquehanna County Residency. Contact pantry directly for more information.

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| <b>Where:</b> Weinberg Food Bank - <b>Lenoxville Mobile Pantry</b><br>Managed by: Lenoxville & Clifford United Methodist Church<br>Distribution from: Lenoxville Community Center, Route 374,<br>Facebook: @ Lenoxville Community Food Share  | <b>When:</b> 1st Monday of month 4:00 – 6:00 pm<br>Pre-registration requested,<br>walk ins welcome after 5:30pm<br>Kris: (570) 942-3008                                       |
| <b>Where:</b> Weinberg Food Bank – <b>Montrose Mobile Pantry</b><br>Located: South Montrose Community Church parking lot, Rt. 29, South Montrose. << Please call week of for updates >><br>Email: montrosefoodpantry@gmail.com :: Phone: 570-533-3980 :: Facebook: Montrose Mobile Food Pantry                          | <b>When:</b> 2nd Friday of the month, Pre-Register By 1st Thurs of month. Distribution 11:30-3pm; Walk-Ins 2:30pm.  |
| <b>Where:</b> Weinberg Food Bank - <b>Hop Bottom Mobile Pantry</b><br>Managed by: The Hop Bottom Community Pantry<br>Distribution from: H.B. UMC, 8 Church St, Hop Bottom<br>Contact: Rebecca M.  | <b>When:</b> 2nd Friday of month, 2:30 - 3:30pm<br>Pre-registration helpful, walk-ins welcomed<br>By Appointment for Emergency needs<br>Phone: 570-289-1079                   |
| <b>Where:</b> Weinberg Food Bank – <b>Ltl. Meadows Mobile Pantry</b><br>Managed by: Little Meadows United Methodist Church<br>843 Pennsylvania Ave (Rt 858), Little Meadows PA<br>Contact: Cheryl   | <b>When:</b> 3rd Tuesday of the month 12:00 - 2:00 & 5:00-6:00pm -- Pre-registration is preferred<br>*CSFP Distribution Site*<br>Phone: 607-372-0351                          |
| <b>Where:</b> Weinberg Food Bank - <b>Lawton Mobile Pantry</b><br>Managed by: Lawton & Rush Community Group<br>Located at: Ladies Aux. Fire Hall SR 3022, Lawton<br>Facebook: @LawtonMobileFoodPantry   | <b>When:</b> 1 <sup>st</sup> & 3 <sup>rd</sup> Thursday of the month, Distribution 1:00-2:45 pm.<br>Households may come to both distributions.<br>Text/Call: 607 – 343 - 1077 |
| <b>Where:</b> Weinberg Food Bank – <b>Thompson Mobile</b><br>Hosted at the Thompson Fire Hall by Local Volunteers<br>Water Street, Thompson<br>Contact: Kim   | <b>When:</b> 4 <sup>th</sup> Monday of the month, Distribution 4-6pm. Pre-registration requested.<br>Phone: 570-442-1038  |
| <b>Where:</b> Weinberg Food Bank – <b>Great Bend Mobile Pantry</b><br>Managed by: Great Bend Community Methodist Church<br>Held at the Great Bend Fire Hall, Tannery St<br>Contact: Marie   | <b>When:</b> 4th Tuesday of month, 11:00-1:00 pm<br>Walk ins welcome after 12:30.<br>Call: 570 853 4625   |
| <b>Where:</b> Weinberg Food Bank - <b>EMHS Mobile Pantry</b><br>Managed by: Endless Mountains Healthcare System<br>100 Hospital Drive, Montrose, PA<br>To Pre-Register: email name, zip code and # household members to <a href="mailto:mrobinson@endlesscare.org">mrobinson@endlesscare.org</a> or call (570) 278-5529 | <b>When:</b> 4th Friday of month, Distribution 2:00 – 4:00 pm<br>Pre-registration required, walk ins after 3:30pm   |
| <b>Where:</b> Weinberg Food Bank - <b>Harford Mobile Pantry</b><br>Managed by: Harford First Congregational Church<br>5016 Creek Rd., Harford, PA   | <b>When:</b> 4th Friday of month<br>Distribution 4:30 – 5:30<br>walk ins after 5:00 pm  |
| <b>Website:</b> <a href="http://www.firstchurchharford.com">Harford First Congregational Church - UCC   Harford, PA (firstchurchharford.com)</a> Phone: (570) 396-7081  |   |

Nutrition Ed

WEINBERG NE REGIONAL FOOD BANK

MOBILE PANTRIES

**Weinberg North East Regional Food Bank Children's Produce Market:**

A one day food give away in conjunction with the local school districts. Eligibility: You must have a child that attends the school district. Home schoolers and alternate school choices are welcome as long as you reside in the school district listed. No income limits, all are welcome. Some programs are year round. Register by completing the flyer your child brings home monthly or by calling the school office.

Children's Produce Market

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| <b>Where:</b><br>Blue Ridge District - in the elem. cafeteria – school months<br>Choconut Valley Elementary - in front lobby – school months only<br>Forest City School District - in Elem. Lobby–(summer hours 1-3:00)<br>Lathrop St. Elementary - in Cafeteria – year round<br>MASD Jr/Sr High School – NEW Start 3/2023!!<br>Mt View School District – in elementary right lobby – year round<br>Susquehanna Comm. District – in HS 2 <sup>nd</sup> cafeteria – year round | <b>When:</b><br>3 <sup>rd</sup> Tuesday of the month, 3:30-4:30pm<br>3 <sup>rd</sup> Tuesday of the month, 3:00-5:00pm<br>2 <sup>nd</sup> Thursday of the month, 3:45-5:30pm<br>3 <sup>rd</sup> Thursday of the month, 3:45-5:30pm<br>1 <sup>st</sup> Thursday of the month; 3:15-5:00pm<br>4 <sup>th</sup> Tuesday of the month, 3:30-6:00pm<br>1 <sup>st</sup> Monday of the month, 3:30-5:30 pm |
| Contact: School Office <b>OR</b> Ingrid, Community Outreach @ 570-550-1594 / Carey, Weinberg NE Food Bank @ 570-826-0510<br>See Blue Ridge School District website for <b>Summer Food Service Program</b>   |  |

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| <b>TEFAP</b> | <b>Where: Trehab Food Bank</b><br>81 Industrial Drive, Montrose Location ph:570-278-9218<br><b>OR</b> 1226 Main Street, Susquehanna ph: 570-853-4342 | <b>When:</b><br>Open Mon–Thurs: 9am -12pm and<br>1pm-3:30pm; Fri: 9am-12pm | <b>TEFAP</b> |
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| <b>Where: Forest City Salvation Army Emergency Pantry</b><br>100 Delaware St. (Kartri), Forest City, PA<br>For residents of Zip Codes: 18421, 18413, 18430, 18470, 18441, 18820, 18842. | <b>When:</b> 1st Tuesday of Month,<br>12:00 – 2:00 pm<br>CSFP distribution site at Main St office. |
| <b>Facebook:</b> Forest City Salvation Army Service Center  |  |
| <b>Phone:</b> 570 – 785 – HELP (4357)   |  |

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| <b>Where: Great Bend Caring Community Pantry</b><br>Managed by: Great Bend Community Methodist Church<br>Route 11 (Main Street), Great Bend PA<br>This Food Pantry is for residents of Great Bend and Hallstead.<br><i>**Typically closes thru winter (Jan - March)**</i> Contact: Bonnie Y. | <b>When:</b> On-site registration.<br>Held 1 <sup>st</sup> and 3rd Fridays, 2:30-5:00pm, welcome to come twice a month.<br><b>Phone:</b> 570-879-4086 |
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| <b>Where: TriBoro One Day Food Pantry</b><br>Lanesboro Community Center, Lanesboro, PA<br>This Food Pantry is for the residents of Lanesboro, Susquehanna Borough, Oakland Borough and Harmony Townships.<br>Proof of residence and ID is requested. | <b>When:</b> 4 <sup>th</sup> Thursday of the month<br>12:00 pm – 4:00 pm,<br>New members must pre-register by 3 <sup>rd</sup> Wednesday, walk ins after 3:30 |
| Pre-Register by calling/text family name, how many in household and zip code to - 607-760-8443   |  |

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| <b>Where: Feed My Sheep Pantry and Clothing Pantry</b><br>Managed By: New Milford United Methodist Church<br>Corner of Church and Pratt Street, New Milford, PA<br>This Food Pantry is for residents of N. Milford, Jackson, Lenox, Gibson, Susquehanna, Oakland, Harford, Hop Bottom, Brooklyn & Montrose. | <b>When:</b> 4th Saturday of the month<br>8:30 - 12:00pm<br>New customers pre-register if possible, walk-ins are welcome |
| Contact: Church Office  | <b>Phone:</b> 570-465-3500;  |

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| <b>Where: The Food Pantry – Brackney</b><br>Laurel Lake Rd, Brackney, PA<br>This Food Pantry is for residents within the Choconut School District. | <b>When:</b> By Appointment |
| Contact: Rosalynd  | <b>Phone:</b> 570-663-2212  |

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| <b>Where: Oakland Borough Emergency Food Pantry</b><br>Oakland Borough Building at 380 State St., Susquehanna, PA | <b>When:</b> by appointment or<br>Monday-Friday 8am-4pm, call ahead if possible, walk ins welcome |
| Face Book: @OaklandFoodBank   | <b>Call:</b> 570-853-3214   |

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| <b>Where: Summer Lunch Box</b><br>SR 11, Kingsley, PA<br>Summer Meal food distribution for school children. 5 planned distributions through the summer. Must be pre-registered. | <b>When:</b> through the summer break<br>Call to register and for distribution information. |
| Paula Smith   | <b>Call:</b> 570-767-3850   |

LOCAL or GEOGRAPHICAL / EMERGENCY FOOD PANTRIES