

# Wyoming County - Food Pantries & Resources

Outreach and Assistance Call Ingrid at 570-550-1594



## Commission On Economic Opportunity – Nutrition Education

The nutrition education team misses seeing you in person. We now offer our nutrition education lessons online and also share them on our Face Book Group Page @CEO Nutrition Education. On our Face Book Group we share recipes, inspiring tips and motivational messages on eating healthy on a budget.

***Please, come join our Face Book Group - @CEO Nutrition Education***

We can also offer in-person cooking class. This class would meet once a week for 6-8 weeks. Class would be hands on learning of cooking techniques, nutrition, and meal planning. Call Ingrid for more information.

Nutrition Ed

### Where: Wyoming County Food Pantry

Managed by: CEO Tunkhannock Office  
819 Route 29 South, Tunkhannock,  
in the Human Services Building  
Also distributes: CSFP, holiday/seasonal distributions

When: by appointment, curbside pick up

**570-836-4090**  
Wyoming County residents  
**All residents in need of food are served,**  
**All income levels served.**

TEFAP

## Weinberg North East Regional Food Bank Mobile Pantries Program:

A one day food give away sponsored by our Local Partner Organization. Mobile Pantries distributions are held as indicated but at least 1x month. Eligibility – Must be Wyoming County Resident, please bring ID showing current Wyoming County Residency. Declaration of need form to be completed at time of registration. Please have an area of the vehicle cleared to receive items (ideally clean trunk). Contact pantry directly for more information.

WEINBERG NE REGIONAL FOOD BANK

### Where: Weinberg Food Bank - Noxen Mobile Pantry

Located at: Noxen Fire Hall

When: 1st Tuesday of month 10:00-11:30 am

Contact for questions: Shana Hackling call / text 570-240-0071

### Where: Weinberg Food Bank –Tunkhannock Mobile Pantry

Managed by: St. Peter's Episcopal Church  
Located at: Rt 6, Tunkhannock,

When: 3rd Monday of the month,  
11 am - 12 noon or until all food is distributed  
(closed for Jan and Feb)

Please bring proof of Wyoming County residency to distribution. Joyce 570-240-6390

MOBILE PANTRIES

### Where: Weinberg Food Bank – Mehoopany Mobile Pantry

Managed by: HANDS of Wyoming County  
Located at: 1687 Scottsville Rd, Mehoopany (former  
Elementary School),

When: 3rd Monday of the month  
Student family distribution upon dismissal  
Community Distribution 2:00 – 3:00 pm  
Pre-registration preferred , Walk ins after 2:45

To Pre Register: call and leave clear message with your name, phone number, zip code and # in household to HANDS office at 570-833-2350. Please bring proof of Wyoming County residency to distribution.

### Where: Weinberg Food Bank – Factoryville Mobile Pantry

Managed by: Factoryville United Methodist Church  
164 College Ave, Factoryville, PA

When: 3rd Friday of the month,  
Distribution 2:00 – 4:00 pm

Facebook: @Factoryville Food Share

Church office: 570 – 945 – 5854 leave message

## Weinberg North East Regional Food Bank Children's Produce Market:

A one day food give away in conjunction with the local school districts. Eligibility: You must have a child that Attends the school district. Home schoolers and alternate school choices are welcome as long as you reside in the school district listed. No income limits, all are welcome. Some programs are year round.

**Register by completing the flyer your child brings home monthly or by calling the school office.**

Children's Produce Market

### Where:

Tunkhannock Area School District @ High School  
Lackawanna Trail School District at the Creekside Park  
Elk Lake Elementary – in the front lobby, year round

### When:

2<sup>nd</sup> Tuesday of the month, 4:30 – 6:30pm  
2<sup>nd</sup> Tuesday of the month,  
3<sup>rd</sup> Thursday of the month, 3:45-5:30pm

**Where: Lower Wyoming County Food Pantry**

Maple St, Overfield Township, PA

Serves: Lower East Wyoming County residents (North Moreland, Exeter, Falls, Overfield Township)

**When:** 1<sup>st</sup> & 3<sup>rd</sup> Thursday

9:00 – 11:30 am

Jennifer

Phone: 570 – 586 - 1433

**Where: HANDS of Wyoming County Community Pantry**

1687 Scottsville Rd, Mehoopany, PA

Serves: all of Wyoming County,

**When:** Monday-Friday

Summer hours: 9:00-3:00

School Year: 8:00-4:00

Call ahead if possible and call upon arrival, school security in place,

HANDS office: 570-833-2350

**Where: Thrive Church Nicholson**

Bridge Community Church of Nicholson

23 State St, Nicholson

Serves all of Wyoming County

**When:**2<sup>nd</sup> & 4<sup>th</sup> Fridays of Month

1:00pm – 3pm

pm pre-registration needed

Jessica

Phone: 570-677-0976

**Where: Food Emergency Delivery of Wyoming County**

CEO\Wyoming County Food Pantry

Volunteers deliver directly to your home. Serves Wyoming County residents that **do not have** transportation to access food pantries.**When:**3<sup>rd</sup> Monday of Month – unless

closed for holiday

Must Pre-register

call the CEO Wyoming County Food Pantry for information, 570-836-4090.

**Where: B&B Pantry of Noxen**

Operated out of the Noxen Rural Health Clinic,

2888 SR 29 South, Monroe Twn

Serving all residents of Wyoming County

**When:**1<sup>st</sup> and 3<sup>rd</sup> Weds 1x a Month

Sept - April 10:00-12:00

May - Aug 12-1:00

Contact: Barb

Phone: 570-690-2913

**Commodity Supplemental Food Program/Sr. Food Box****Distribution Locations:**

&gt;Wyoming County Food Pantry

819 Route 29 South, Tunkhannock 570-836-4090

&gt;Wyoming County Adult Active Center

101 Dymond Ter. Tunkhannock 570-836-2324

&gt;Falls Senior Center, 2813 Sullivan Trl, Falls 570-388-2623

&gt;directly at Sr Apartment Bldgs: SJ Bailey, Winola View, Mathewson Apts.

**Eligibility:**

Residents Wyoming County that are

60 years old or older

Must be income eligible, income limits change yearly, call for information.

Food Box may contains: juice, shelf stable milk, canned veggies and fruit, ready to eat meals like soup or stew, meat and non-meat proteins, pasta, cereal, cheese,

**7 Loaves Soup Kitchen, community meal**

Where: 51 Warren St, Tunkhannock, PA

Phone: 570-996-5005,

Face book: @SevenLoavesKitchen

**PLEASE SHARE A MEAL WITH US –****ALL ARE WELCOME**Serving **hot meals** Monday-Friday 5-6:00pm

Grocery items to take home typically available.

2023 - Celebrating 15 years of service!

**SNAP or Food Stamps Outreach****570-550-1594 (call/text)**

SNAP or Food Stamps, is our first defense against hunger. For eligible households, it provides a cash benefit to be used to purchase food at grocery and other food stores. Eligibility guidelines have changed. You may now be eligible for SNAP. Call for more information or assistance with completing an application.

Community Food Pantry

CSFP

COMMUNITY MEALS

SNAP